

# ANNUAL REPORT 2019

Hope in Northern Virginia, Inc.  
610 Park Avenue  
Falls Church, Virginia 22046

Prepared by: Ama Richardson, Maggie Morris and Joanna James

## INDEX

THE HOPE PRINCIPLES .....	3
HOPE'S ORGANIZATION .....	4
STATISTICS .....	5 – 7
AGENCY REFERRALS .....	8
ACHIEVEMENTS AND COMMENTS .....	9 – 12

## THE HOPE PRINCIPLES

Adopted by Board of Directors, July 1979

**Vision Statement:** Every mother chooses life. *(Adopted in October 2016)*

**Mission Statement:** Hope provides compassion, material resources and education to women both during and after their pregnancies. We give Hope so women are empowered to choose life. *(Adopted in November 2016)*

**Purpose:** Hope exists to provide counseling and assistance for women of all ages (single, married, widowed or divorced) wishing our services and to related persons (husbands, boyfriends, parents, et al.).

**General Statement:** Hope is composed of volunteers trained by this agency who are invited to take part in its special work. Telephone volunteers are persons from all walks of life who are guided and supervised by experienced leaders. Supporting the telephone volunteer in this team effort is a corps of professional resource persons in such fields as counseling, medicine, social work, nursing, law, and finance. All persons associated with Hope are firmly committed to the position that life is a God-given gift, and that abortion procedures are never acceptable options.

### **Method:**

1. Hope maintains the Center of Hope where any pregnant woman may find help easily via phone or internet. By reaching out to Hope, she will be helped in every way possible, so that she may face the future and plan constructively for herself and her child. Hope offers help, giving love, compassion, understanding, and all needed moral, emotional, and practical support to every pregnant woman who requests it. In the initial intake, the volunteer will ask questions that could determine if the client is experiencing any dangers or stressors in addition to the pregnancy so that support and referrals can be given to the client.
2. Hope, as an organization, sees contraception as fundamentally a medical concern involving a personal moral choice.
3. Hope refrains from all political activity and from attempts to influence legislation or any other formal formation of public policy through lobbying of any sort.
4. Hope is a Christ-centered organization that adheres to its moral position on abortion based on its belief in God and the sanctity of life as given by Him. Members of the Hope family derive strength and inspiration from an ongoing relationship with the Lord Jesus Christ.
5. Hope provides all services without charge.
6. Hope cooperates with established adoption agencies and takes no part in private adoptions.
7. Hope keeps all services, interviews, telephone calls and records strictly confidential. This is a matter of individual and agency integrity and honor.

# Hope in Northern Virginia, Inc.

## ORGANIZATION

### 1. BOARD OF DIRECTORS:

President:	Joanna James
Vice President:	
Secretary/Treasurer:	Matt Adams
Members:	Cindy Welgoss Sarith Kossowsky Mary Baptist Clare Mernagh
Executive Director:	Maggie Morris

### 2. OFFICE STAFF

EXECUTIVE DIRECTOR: Maggie Morris

CLIENT SERVICES DIRECTOR: Hannah Posavitz

CASEWORK DIRECTORS:

- Monday/Wednesday/Saturday: Hannah Posavitz
- Tuesday: Laurie Morris
- Thursday: Maggie Morris

CLIENT PROGRAMS:

- Learn to Earn: Maggie Morris
- Friends in Hope: Joanna James
- Healthy Parenting Classes: Cindi Copeland
- Healthy Relationships Classes: Joanna James

NEWSLETTER: Board of Directors, Maggie Morris

COMMUNITY and CLIENT OUTREACH: Joanna James, Maggie Morris

TRAINING: Maggie Morris, Joanna James, Laurie Morris

GRANT WRITERS: Joanna James, Maggie Morris

WEBMASTERS: Xavier Bisits, Joanna James, Maggie Morris

IT SERVICES: Justin Eisenback

**STATISTICS\***  
**January 1, 2019 to December 31, 2019**

**1. CLIENT SERVICES**

Number of client visits .....	983
Distinct clients served .....	529
New cases opened in 2019 .....	243

**2. MARITAL STATUS**

Married.....	226
Single .....	170
Engaged.....	30
Cohabiting.....	24
Separated.....	24
Divorced.....	1
Unknown.....	54

**3. AGE OF CLIENTS**

14 and under.....	0
15 through 19 .....	47
20 through 24 .....	96
25 through 29 .....	136
30 through 34 .....	123
35 and older.....	105
Unknown.....	22

**4. CITY OF RESIDENCE**

Aldie.....	1
Alexandria.....	87
Annandale .....	49
Arlington .....	65
Ashburn.....	1
Burke.....	4
Centreville.....	4
Chantilly.....	3
Dumfries .....	2
Fairfax.....	22
Falls Church.....	205
Gainesville .....	1
Gaithersburg, MD .....	1
Herndon.....	5
Leesburg.....	2
Lorton.....	1
Lothian .....	1
Manassas .....	5
Manassas Park.....	1
McLean .....	6
Olney, MD .....	1
Reston .....	5
Springfield.....	25

Stafford .....	2
Suitland, MD.....	1
Vienna.....	12
Washington, DC.....	2
Woodbridge.....	12
Unknown.....	5

4. COUNTRY OF ORIGIN

Afghanistan .....	6
Argentina.....	3
Bangladesh.....	4
Benin.....	1
Bolivia.....	16
Dominican Republic .....	1
Ecuador .....	1
Egypt.....	10
El Salvador.....	44
Ethiopia.....	5
Ghana .....	2
Guatemala .....	35
Honduras.....	29
India .....	2
Iraq.....	1
Mexico .....	13
Moldova.....	1
Morocco.....	38
Nepal.....	1
Nicaragua.....	1
Pakistan.....	2
Peru .....	4
Philippines.....	1
Sudan.....	1
Tunisia.....	2
USA.....	27
Zimbabwe .....	1
Unknown.....	279

5. PREGNANCY OUTCOMES

Births Recorded in 2019 .....	135
Currently Pregnant .....	6
Abortion-Vulnerable.....	29
Babies placed for adoption.....	0
Cases Reporting Abuse.....	18

6. MISCELLANEOUS DATA – VOLUNTEERS

Annual Total of Volunteer Hours .....	1,200
No. of Staff Members .....	2
No. of Active Trained Volunteers.....	12
No. of Spanish Speaking Volunteers .....	4
No. of Board of Directors Members .....	6

7. TRAINING OF VOLUNTEERS	
No. of modified Training Sessions given in 2019.....	4
8. CLIENT PROGRAMS	
Pregnancy Tests (done in Office).....	14
Positive.....	9
Negative .....	5
Friends in Hope (number of paired matches) .....	20
9. MATERIAL SUPPORT PROVIDED BY HOPE	
Layettes.....	84
Diapers .....	472
Wipes .....	347
Formula.....	95
Baby Clothing .....	484
Maternity Clothing.....	130
Car Seats .....	86
Strollers.....	86
Pack n Plays .....	32
10. NUMBER OF NEWSLETTER ISSUES PRINTED.....	2
11. NEW CRIBS	
St. Mark Catholic Church Grant .....	3

\* Note: Statistics presented here are sometimes in overlapping and/or multiple categories and/or are based on incomplete data due to a variety of reasons, including the difficulty of tracking client cases handled by different volunteers on various shifts over long periods of time.

**Hope in Northern Virginia, Inc.'s volunteers referred clients to the following agencies/ programs or individuals:**

- 211
- Adoption Agencies
- Adult Education
- Catholic Charities
- County Social Services
- Employment Agencies
- ESL
- FAMIS
- Food for Others
- Homestretch
- Hospitals and Public Health Clinics
- Mental Health Counselors
- Mosaic
- Private and Volunteer Community Agencies
- Shelters
- WIC
- Our Lady Queen of Peace
- NOVA Pregnancy Help Centers
- Metro Women's Care

**Hope in Northern Virginia Inc. clients were initially referred here by:**

- Social Services and Public Health Agencies
- Private and Volunteer Community Agencies
- Physicians, Nurses and Hospitals
- Other Pregnancy Centers
- Former Hope Clients
- Past Hope Volunteers
- Gabriel Project
- Catholic Charities
- Word of Mouth
- Google
- Local Churches
- Facebook



# 2019 Achievements and Comments

## Hope in Northern Virginia, Inc.

Hope in Northern Virginia had a very blessed and successful year. We continued to serve the many needs of pregnant women, which has been Hope's mission since 1971. We are grateful for the contributions of our volunteers, donors, and board members.

Hope experienced a lot of change in 2019. It was a year of transitions, as Hope prepared to undertake many new endeavors in 2020. Both Ama Richardson and Agustina Temprano resigned, and Maggie Morris and Hannah Posavitz were hired. Janice Gallagher and Amy Bigart stepped down from the Board, and Cindy Welgoss, Mary Baptist, and Clare Mernagh joined as members.

God is leading Hope into exciting new territory as it heads into 2020. Hope's mission is still, and will always be, to empower women (and their partners) to choose life. In 2019, Hope's leadership took steps to increase their focus on that mission. At the start of 2020, Hope stands on the brink of an exciting year, but the coming change would not be possible without the foundations that started being laid in 2019.

## 2019

**January 26:** The youth ministry (about 5 students) of St. Veronica Catholic Church delivered an abundance of new clothes and baby items to Hope and completed miscellaneous projects during Hope's Saturday hours.

**January 26:** Hope's Board of Directors held a Donor Brunch at St. James Catholic School to say thank you to our community partners and friends and to share powerful stories about how Hope has impacted the lives of its clients. The event was well attended and greatly enjoyed by all!

**February 1:** Ama attended the VA Pregnancy Center Association quarterly meeting in Richmond, Virginia. The event was an enriching and content-packed meeting with the Vitae Foundation's national research and marketing directors.

**March 2:** The youth ministry (about 4 students) of St. Veronica Catholic Church returned to Hope to donate some baby items and completed miscellaneous projects during Hope's Saturday hours, from 11am to 1pm.

**March 5:** Hope Board Treasurer, Amy Bigart, attended the 40 Days for Life kickoff event held on the sidewalk at 900 S. Washington Street, Falls Church. Amy shared client testimony highlights and information about Hope's services to pregnant women. The event was well attended, and Amy was able to share many Hope handouts with attendees.

**March 27:** Ama attended a speaking engagement featuring Hope at the MOPS meeting of Jubilee Church in Fairfax. Ama shared client testimonials, answered questions and provided information about Hope's services and volunteer opportunities.

**April 11:** Joanna and Amy met with Matt Stone, Director of Missions, at McLean Presbyterian Church to chat about how MPC can partner with Hope to provide ongoing spiritual and ministry support.

**April 11:** Valencia Lawrence of McLean Bible Church invited Ama and Karlee Rowland to a baby shower organized by the Steering Committee of McLean Bible Church's Mothers of Preschoolers (MOPS) group. Ama and Karlee networked at this festive event, shared a powerful client testimonial with the group, and shared about Hope's mission and services. Karlee brought an SUV full of donations to Hope—these items were collected during this baby shower in Hope's honor.

**April 24 - April 26:** Ama and Hope Volunteer, Kelly Clemente, attended the Heartbeat International Conference in Dallas, Texas. The conference was held at the Hyatt Regency Dallas Hotel and was attended by numerous PRC (Pregnancy Resource Center) volunteers and staff members from all over the world. At this event, Kelly and Ama were able to network and connect with local and out-of-state PRC directors and staff members.

**Late April:** Hope held a baby bottle drive at Saint Joseph Catholic Church in Herndon, Virginia. Former Board President, Mike Bergeron, his family, and Peggy Bauer (President of the Saint Joseph Respect Life Ministry) were instrumental in organizing this event on behalf of Hope. Mike Bergeron took 1,000 bottles to distribute. All 1,000 were accepted.

**Late April:** Hope held its second baby bottle drive at Saint Ann Catholic Church in Arlington, Virginia. Hope provided 500 bottles to distribute. All 500 were accepted.

**Late April:** Hope held its first baby bottle drive at Saint Agnes Catholic Church in Arlington, Virginia. Hope provided 400 bottles to distribute. All 400 were accepted.

**Early May:** Hope held a baby bottle drive at St. James Catholic Church in Falls Church. Dean and Patti DeBuck were instrumental in organizing this event on behalf of Hope. Hope provided 800 bottles to distribute.

**May - June:** Hope held its second baby bottle drive at Saint Anthony of Padua Catholic Church in Falls Church, Virginia. Sister Agustina organized this event and partnership for Hope. The fundraiser was a huge success thanks to Sister Agustina, Belen Eliot, Mary Tanzer, and several St. Anthony's parishioners.

**May 3:** Ama attended the VA Pregnancy Center Association quarterly meeting in Richmond, Virginia. The event was an enriching and content-packed meeting led by Heartbeat International President, Jor-El Godsey.

**May 18:** Several adults from Columbia Baptist Church in Falls Church came to Hope to volunteer for a few hours; the group worked on miscellaneous yard work tasks and landscape improvement projects.

**May 19:** Ama and Hope's Board of Directors led a volunteer training and town-hall

meeting at Hope. The purpose of the training and townhall was to discuss policy updates, offer reminders about daily procedures and processes, share a bit about where Hope is headed, and review new and critical center updates and protocols. The training was well attended and all active volunteers not in attendance were briefed accordingly.

**June 15:** 20 adults from St. Mary's Church in Alexandria, Virginia came to Hope to volunteer for a few hours; the group worked on miscellaneous house improvement projects, from 2pm to 4:30pm.

**July:** Ama resigned as Executive Director. Maggie Morris was hired to take her place.

**July 29 - August 2:** Maggie attended Heartbeat's Pregnancy Help Institute in Columbus, OH. She completed the New Directors track. This week was very helpful as she prepared to take on the role of Executive Director.

**August 12:** Maggie had her first day of work at Hope.

**September 23:** Hannah Posavitz joined Hope as the Client Services Director.

**September 30:** Agustina Temprano completed her last day of work at Hope.

**October 5:** Georgetown's Right to Life group hosted a diaper drive at a Safeway in Georgetown and collected a trunk load of diapers, wipes, and baby toiletries.

**October 6:** Maggie and Joanna attended St. Mark Catholic Church's Youth and Family Dinner where Maggie spoke about Hope's mission and relationship with St. Mark.

**October 13:** The Board voted to begin lease negotiations for 7297-L Lee Highway, Falls Church, VA 22042. The new property is zoned medical and only .5 miles down the road from the Falls Church abortion clinic.

**October 28:** Amy Bigart, Joanna James, and Maggie Morris met with Father Scalia from St. James Catholic Church to discuss how St. James can continue to partner with Hope.

**October 29:** Maggie met with two members of The Falls Church's Anglicans for Life group to explain Hope's mission and direction and to share how the group can support Hope.

**November 7 and 21:** Maggie led Hope client advocate volunteers through Heartbeat's LOVE Approach training, as well as Hope's new policies and procedures manual.

**November 9:** Georgetown's Right to Life group hosted a diaper drive at a Safeway in Georgetown and collected a trunk load of diapers, wipes, and baby toiletries.

**November 18:** The Board voted to purchase new client and donor websites, and to pay for a graphic designer to develop a new logo for Hope's new client-facing name, Options Women's Center.

**November 20:** Maggie spoke at the National Charity League's Cherry Blossom Chapter meeting, sharing about Hope's mission and how the NCL can serve at Hope.

**December 6:** Maggie attended the VA Pregnancy Center Association quarterly meeting in Richmond, VA, where Gary Freeman from Care Net discussed the necessity of fatherhood programs at pregnancy centers. Ryan Holloway also discussed how to use Story Brand to enhance marketing messaging.

**December 9:** Volunteers from St. Mark Catholic Church delivered a large load of diapers, new baby clothes, and other baby items from their Christmas Giving Tree drive.

**December 14:** 2,912 copies of Hope's Christmas Newsletter were mailed.

**December 16:** Laurie and Maggie Morris picked up a large load of diapers, new baby clothes, and other baby items from St. Thomas à Becket Catholic Church's Christmas Giving Tree drive.

**December 18:** The board voted to move forward with a construction company to prepare their new property for the move in early 2020. The construction will provide more office space to counsel clients facing crisis pregnancies and to offer Bright Course classes. There is also an office space in the property designated for ultrasounds and STI testing when Hope completes its transition to becoming medical.

**December 19:** Maggie picked up a large load of diapers, new baby clothes, and other baby items from St. Agnes Catholic Church's Christmas Giving Tree drive.

**December 23:** Volunteers from Our Lady of Good Counsel Catholic Church delivered a large load of diapers, new baby clothes, and other baby items from their Christmas Giving Tree drive.

**December 23:** Maggie and Joanna submitted the application for the St. Mark 2020 grant.

In 2019, Hope had one paid Executive Director, one paid Client Services Director, and 20 trained volunteers. Many individuals, churches, schools, and relatives of Hope volunteers contributed hours of service to bless Hope and its clients. Bishop O'Connell, St. Mark Catholic Church, St. James Catholic Church, and the National Charity League (NCL) have had students complete their service hours at Hope. In addition, there were many opportunities to talk about Hope's services and to emphasize how donations of time and material items from individuals, churches, and organizations benefit our clients.

A generous grant (of \$4,000) from St. Mark Catholic Church covered the cost of travel and registration (for 2 individuals) to the 2019 Heartbeat International Conference and provided over \$2,000 in funding for the purchase of client-related items. This enabled Hope to meet the needs of clients in meaningful, concrete ways and covered the expense of regularly needed supplies, such as layette gifts.