



7297 Lee Hwy, Ste L, Falls Church, VA 22042

703.536.2020 | friendsofhopeinnova.org

OFFICE HOURS

Mon. 10:00 a.m. - 5:00 p.m.
Tues. 11:00 a.m. - 7:00 p.m.
Wed. 10:00 a.m. - 5:00 p.m.
Thur. 9:00 a.m. - 5:00 p.m.
Fri. 10:00 a.m. - 5:00 p.m.
Sat. 8:00 a.m. - 1:00 p.m.
Sun. Closed

MISSION STATEMENT

Hope's mission is to provide Christ-centered, empowering education that equips our clients to embrace God's design for their reproductive health.

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PERMIT NO. 7184



NEWS OF HOPE

EMPOWERING WOMEN TO CHOOSE LIFE SINCE 1971.

POST-ROE VIRGINIA

Over the past fifty years of Roe, we know that our faith has been tested. But we are rejoicing because finally, our perseverance has seen much fruit. As we begin serving women with unplanned pregnancies in a post-Roe world – let us rejoice – but also remember that the battle is not over yet, and some of our biggest trials may be yet to come!

The overturning of Roe has solidified the fact that there is no right to an abortion found in the United States Constitution. The decision reads “The Constitution does not confer a right to abortion; Roe and Casey are overruled, and the authority to regulate abortion is returned to the people and their elected representatives.” The result of this decision is that restrictions or bans on abortions are returned to the states to decide.

In Virginia, you can receive the abortion pill via a telehealth appointment. You are not required to have an ultrasound to have an abortion and you do not have a 24-hour restriction on getting the procedure at an abortion clinic.

Since the decision was released, Governor Youngkin has introduced a bill that would ban abortion after 15 weeks. Whether or not that will pass through both chambers is unseen.

So, what does this mean for the women that we serve? Many of the women that Hope sees are actively looking for an abortion. Because of this, we know that our services will be needed now more than ever. Especially because abortion is heavily restricted or banned in other states, such as West Virginia, women may begin crossing state lines to receive an abortion.

This means that we will have more traffic as our ads will be seen by more abortion-minded women coming to our area, and hopefully choosing to visit us instead.

This also means that chemical abortions are going to be pushed more than they ever have been. This just emphasizes the need that women have for our free limited obstetric ultrasound services. As clinics aren't requiring an ultrasound before an abortion, or before the abortion pill is prescribed, the possibility of a missed ectopic pregnancy is very high and very dangerous.

So how are we moving forward in the days ahead? And how can you help us with our efforts?

We are first and foremost seeking to have our medical services available six days a week. Currently, we have our medical services available four

days per week. It is our goal to have them available full-time by the end of the year. If you would like to give to offset this cost, please consider donating to our medical fund today!

Our second effort is trying to build relationships with local schools and churches to primarily offer our Know your Body, Know Your Worth classes to young women. We know that the only way that abortion will be unthinkable in our community is if young women are educated about the truth about their bodies and the truth about abortion.

Please consider connecting us with your church or school so we can make more connections in the community and offer this information to more young people!

But the most important thing that you can do for us right now is to cover our clinic in prayer. Please be in prayer that we can continue to operate at full capacity because we have the resources, staff, and financial means necessary. Please pray that our clinic, staff, and volunteers are protected as there have been many clinics vandalized by anti-fascist groups such as Jane's Revenge. And please be in prayer that more women will be guided to our center so we can share God's love and truth with them.

FALL 2022 NEWSLETTER

NEWS OF HOPE



“Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance.”

JAMES 1:2-4

“WHAT BRINGS YOU HERE TODAY?”

One of the first questions we ask our clients is “what brings you here today?” We know that the client scheduled a pregnancy test or a pre-abortion screening, but this simple question is one of many opportunities we give for our clients to think deeper about the circumstances that led to their walking through our doors.

Upon asking this question of one recent client, our hearts ached as her tears started flowing before she was able to get a word out. She began to share her history with her partner, her familial experiences with abortion, and her faith.

She explained that because of her faith, she had always been dedicated to saving intimacy for marriage. She was now heavily burdened by a one-time decision she made with her partner before marriage and was now incredibly nervous that an unplanned pregnancy might be a consequence of that decision.

Upon realizing we had a sister in Christ with us, we encouraged her that the Lord forgives. We reminded her that if we approach Him humbly, and with a spirit of contrition, we can lay our

shortcomings at the foot of the cross and start fresh tomorrow.

She voiced that she was grateful to have found a place with a faith background saying, “it can be hard to talk about mistakes within church circles, I am just glad I found a safe and faith-based place to do that.”

She went on to explain the circumstances around an abortion that had happened within her own family and the destruction that the coerced choice caused in the lives of her loved ones. After talking with her for about an hour she was visibly calmer and verbally grateful she found us, commenting, “I wish my loved one had found a place like this, the outcome would have been different.”

That first question we asked this client rang truer than ever by the end of her appointment; “What brings you here today?” As is always the case, it was the Lord and His perfect and flawless timing.

The client went on to complete one of our surveys writing, “I was amazed and blessed by the kindness and professionalism. I felt extremely cared for and heard and respected.”



MID-YEAR UPDATE

Since updating our mission statement in 2020 and beginning to offer limited obstetric ultrasounds in 2021, our team has been motivated by the goal of reaching abortion-minded and abortion-vulnerable women.

Many organizations in the pro-life community define abortion-vulnerable as women who are more likely to consider abortion because of factors like being single or low income. At Hope, we only consider women to be abortion-vulnerable if they are considering or have not ruled out the possibility of abortion. We define abortion-minded women as those actively pursuing abortions.

Earlier this year, we added testing and treatment of two common STIs. This service allows us to meet the needs of women who would be considered sexually at risk, which often includes women who are not currently pregnant but would consider or choose abortion if they became pregnant.

With this renewed focus on serving our target client, we have seen dramatic increases in our ability to reach her over the last few years.

In 2020, Only 5% of the women coming to our center were abortion-minded, and 12% were abortion vulnerable. We saw an incredible increase in 2021 when 24% of clients were abortion-minded and 22% were abortion vulnerable. In the first half of 2022, we’re continuing to see these numbers trend upward. Of new clients seen between January and June of this year, 30% have been abortion-minded and 29% were abortion vulnerable.

In addition to the success towards reaching our target client, we are also celebrating that we know of at least four changed minds so far this year. We often won’t hear about the choice a woman makes until months or even years later. We rest assured in the love and truth that we share with each client that walks through our doors and we pray that the seeds

of hope that we have planted will take root.

A common quote among those in social services and in ministry is Theodore Roosevelt’s “People don’t care how much you know, until they know how much you care.” We find that sentiment rings true in so many of our interactions here at the center.

Our biggest markers of success are the words shared on exit surveys before our clients leave the center:

“I felt extremely comfortable and supported by all the people here. They all cared for my well being at the end, despite any of my decisions.”

“So kind, comforting, and caring.”

“They care.”

We thank God for each client He brings to us and thank each of you for your prayers and support of our mission.

See the difference your gift is making:



@hopeinnova

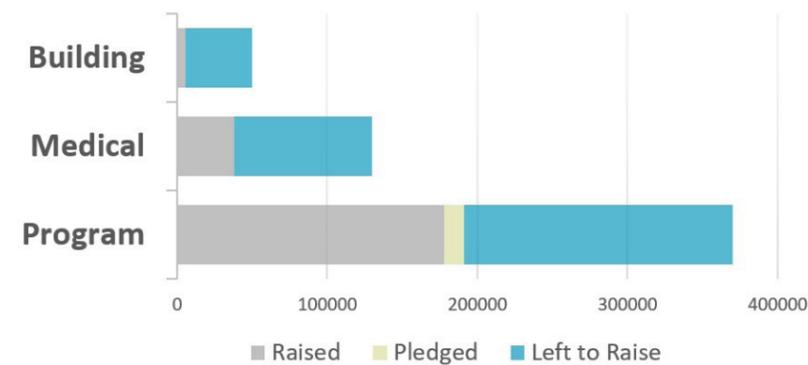
Are you interested in giving to a particular area of our work? Do you want to learn more about volunteering opportunities? There are many ways to give, get involved, and support our work!

Contact us today at:
Hope@hopeinnova.org
 703-536-2020

Prefer to give online?
 Visit

bit.ly/givehopenova

HOPE 2022 FUNDRAISING



Love must be sincere. Hate what is evil; cling to what is good. Be devoted to one another in love. Honor one another above yourselves. Never be lacking in zeal, but keep your spiritual fervor, serving the Lord. Be joyful in hope, patient in affliction, faithful in prayer. Share with the Lord's people who are in need. Practice hospitality.

Romans 12:9-13